

*May*

*2017*

VOLUME 1

ISSUE 6



Juneau Pioneers' Home  
4675 Glacier Hwy  
Juneau, Alaska 99801  
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## Greetings from the Administrator

### Alaska Pioneer Homes

#### Mission Statement:

Providing elder Alaskans  
a home and community,  
celebrating life through  
its final breath.



Thanks to everyone in the Juneau Community for making the month of May a very special one for the Juneau Pioneer Home elders and staff. From Cinco De Mayo to the whale watching cruise, the whole month was packed with activities. As promised, we have more pictures from the Governor and First Lady's visit last April. The pre-school is temporarily closed for the summer, and we will miss the Head Start kids who graduated and their teacher, Gene Yates, who retired this year. We will also miss Cynthia Davis, a volunteer chaplain who provided spiritual care and support to many residents, families, and staff from February through May. I included, below, a copy of Cynthia's farewell letter.

Thanks, Gina :=)

Dear Pioneers, Family, Staff & Volunteers,



I am sad to be saying goodbye! I have been so touched and so deeply moved by each of you and your willingness to welcome me as your first volunteer chaplain! What an honor it has been. I love your openness, your amazing life stories, and your willingness to share what it's like to be your age and the wisdom you each carry. A big thanks to the family members I have been honored to connect and spend time with. You are true models of loving presence and loving care.

A big thanks to each of you who make the Pioneer Home your work and volunteer home. I have witnessed each and every day how you bring your best selves, your love, compassion, care and humor. I truly admire the gifts you each bring and so abundantly share. The Pioneer Home is an outstanding model of autonomy, dignity and well-being and I am so grateful to have had this time together. I also want to thank Gina Del Rosario, your administrator, for saying yes to allowing me this opportunity to serve you over these past four months.

I will carry these precious moments and connections I have had with you in my heart and look forward to when I can return during my next visit to Juneau. Keep sharing yourselves and your stories!

In Gratitude,  
Rev. Cynthia Davis



## Meet & Greet with Governor Bill Walker & First Lady Donna Walker



## What Do You Look Forward To?



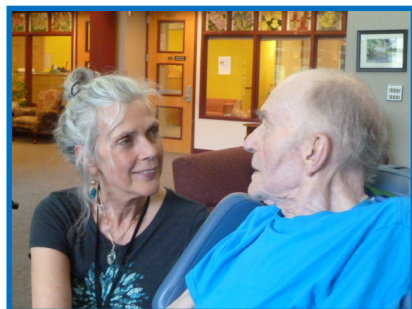
Betty, Anne, Laura, Jim and Lonnie  
look forward to more "Sunny  
Days"



Lenore looks forward to her weekly  
"Shampoo and Set"  
with Jo of Little Mermaid



Jeannette and Josielind look forward to  
yummy "Bread Tasting" each week.



John chatting with Marja



Wanda plays piano for Michelle



Head Start Graduation/Summer Break



## COMMUNITY VISITS HIGHLIGHTS



Lt. Dana of Salvation Army gives Chris a "Butterfly Seed" Plant for Mother's Day



Bea gets a flower plant from Phyllis of Home League/ Salvation Army.



Ann gets a flower plant from Patricia of Home League



Xie Students Piano Recital Class



Juneau Orchestra Members play for the Residents



Anne and Grace get roses



Faith Community Christian School

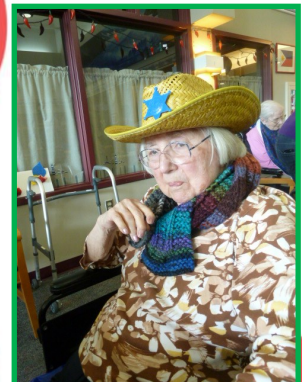


Pioneers of Alaska King and Queen 2017 w/ Mary, PoA Officer.



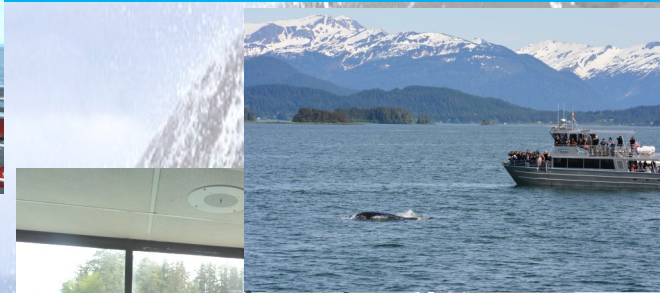


# Cinco De Mayo





# JPH Family Residents, Staff, Family and Friends



More photos available at the lobby photo board



## WHAT'S UP NEIGHBORS?

### Betty S.'s Favorite Recipe

#### Buffalo Chip Cookies

1 cup butter	1 tsp. soda
1 cup sugar	1 cup regular oats
1 cup brown sugar	1 cup corn flakes or
2 eggs	rice krispies
1 tsp vanilla	1/2 cup coconut
2 cups flour	6 oz. chocolate chips
1 tsp. baking powder	1/2 cup chopped pecans,
	if desired.

Mix ingredients. Bake on ungreased pans at 350 degrees for 10-12 minutes.

### Eleanor's Funnies

#### Inner Peace

By following the simple advice I heard on a Dr. Phil Show, I have finally found inner peace.

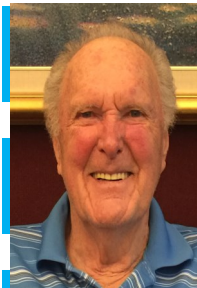
Dr. Phil proclaimed the way to achieve inner peace is to finish all the things you have started.

So I looked around my house to see things I started and hadn't finished; and, before leaving the house this morning I finished off a package of Oreo's, a pot of coffee, the rest of the Cheesecake, some Saltines and a box of Godiva Chocolates.

Dr. Phil was right... you have no idea how great I feel right now!

*Received from Da Mouse Tracks.*

### RESIDENT PROFILE—HOWIE RIDER



Our very own Howie Rider caught by hook and line, a 93 pound king in June 1977. Howie held the Guinness World record title for quite some time. The actual fish is displayed in Howie and Marion's room. Let them know if you would like to see it.



Besides fishing, Howie also enjoys hunting and flying.

Howie likes going for a walk, a drink around 5pm and telling stories about the old days. Howie is a meat and potatoes kind of guy. The happiest moment of his life was the night he met his wife Marion at a dance hall named the Old Spanish Castle. Howie and Marion have been married for over 66 years. They are often accompanied by their adorable little dog, Rudy.



### MAY RESIDENTS BIRTHDAY(S)



Dolores Anderson—May 2  
Lonnie Anderson—May 27  
Jim Martin—May 28

If you would like to submit your Mom or Dad's favorite recipe, please email it to [Josielind.ferrer@alaska.gov](mailto:Josielind.ferrer@alaska.gov).

## STAFF CORNER



Activities Gals (Michelle, Josielind, Michelle)  
celebrating Cinco De Mayo—Ole!



### MAY EMPLOYEE BIRTHDAYS

Carole Craig—May 11

Maria DeGuzman—May 28

Noah Lager—May 28

Jessica Miller—May 29



Nurse Nanie on her knees picking up  
candies from a pinata.

